

BCMOS Hiking Program

The British Columbia Mobility Opportunities Society (BCMOS) summer office is open Wednesday through Sunday, 10am to 6pm at:

Pacific Spirit Park
4915 West 16th Ave.
Vancouver, B.C.

Contact us at:

Phone: 604 . 222 . 1312

Email: bcmossummer@disabilityfoundation.org

Month: May-June	Where
Wednesday, May 21	BCMOS begins taking bookings
Wednesday, May 28	BCMOS Opening Day!
Wednesday to Friday	Hiking at Pacific Spirit Park
Weekend Theme Hikes	
Saturday May 31	Whistler (for WASP event)
Sunday June 1	Delta Conservation Reserve/Burn's Bog
Saturday June 7	Lighthouse Park
Saturday June 14	Spanish Banks
Sunday June 15	Pacific Spirit Orientation Challenge
Saturday June 21	Buntzen Lake
Sunday June 22	Whistler
Saturday June 28	Burnaby Lake - Beaver Watching
Sunday June 29	Lynn Canyon OR Canoe/Hiking Adventure
Special Events	
Sunday, June 8	No bookings. We're at Rick Hansen Wheels in Motion event at Playland at the PNE. Come and meet us there!
Month: July	Where
Wednesday to Friday	Hiking at Pacific Spirit Park
Weekend Theme Hikes	
Saturday July 5 to Sunday July 6	*Overnight at Alice Lake (near Squamish)
Saturday July 12	Rocky Point (Port Moody)
Sunday July 13	Whistler
Saturday July 19	Pacific Spirit Orientation Challenge
Sunday July 20	Spanish Banks
Saturday July 26 to Sunday July 27	*Overnight to Cultus Lake (near Chilliwack)
Special Events	
Thursday July 24	BCMOS and DSA Kids Day at Jericho Beach
Month: August	Where
Wednesday to Friday	Hiking at Pacific Spirit Park
Weekend Theme Hikes	
Saturday August 2	Buntzen Lake (potential for fishing, let us know!)
Sunday August 3	Lower Seymour Conservation Reserve - Star Gazing
Saturday August 9	Whistler
Saturday August 16 to Sunday August 17	*Overnight to Golden Ear Provincial Park (near Maple Ridge)
Saturday August 23	Maplewood Mud Flats - Bird Watching/Wildlife Viewing
Sunday August 24	Cypress Mountain OR Harrison Hot Springs
Special Events	
Sunday August 10	Starlight Starbright Walk in Pacific Spirit Park
Thursday, August 28	BC MOS Volunteer Appreciation BBQ
Friday, August 29	Last day of hiking

* Overnight trips must be booked minimum 1 week in advance.